



# This Week in Kiwanis (TWIK)

JUNE 13, 2019

## This Week's Meeting

June 13  
Evening Meeting  
Talent Auction

## Upcoming Meetings

June 20  
Morning Meeting  
Bob Canady –  
Officer Recognition -  
Deputy Eugene Goff from  
the Sacramento County  
Sheriff's Department

June 27  
Morning Meeting  
Women's Empowerment

Please provide your items to be included in the TWIK to John Draper before 6:00PM the Tuesday before the meeting.

## This Week's Announcements

**SPECIAL CLUB BOARD MEETING THIS THURSDAY** - A mini (5 minute) Board Meeting will be held following the Club Meeting, this Thursday evening, to approve the financial reports for last month.

**CLUB TALENT AUCTION - June 13 at the evening meeting.**  
Please see form, attached to the email containing this TWIK, to sign up for talent or items to donate for the auction.

**KEY CLUB SCHOLARSHIP PRESENTATION - JUNE 20** - At the June 20 meeting we will present scholarship awards to a couple of our Key Clubbers, who will have an opportunity to say a few words.

**DIVISION COUNCIL MEETING - June 20** - See the flyer attached to email containing this TWIK for details... RSVP is needed.

**CLUB SOCIAL & FUND RAISER - June 27**, On The Border in Natomas will donate 20% of the proceeds from all food and drink associated with this 'Give Back' event to Kiwanis Foundation of Greater Sacramento. Let's get the word out, get a great turnout, and raise lots of 'easy money' for the Kids of Kiwanis!! See flyer attached to the email containing this TWIK.

**CLUB WINE SOCIAL - August 3rd.** Stay tuned for more details coming soon.

**CAL-NEV-HA DISTRICT CONVENTION** - Aug 15-18 in Las Vegas  
Please let David Canady know if you are planning to attend. Kiwanis has negotiated deluxe rooms, at the JW Marriott Resort, for \$129 a night + taxes and fees (the resort fee is \$21.99). Details can be found at the link below.  
<http://www.cnhkiwanis.org/Page/28195>

**MEALS ON WHEELS** - Each Thursday members of our club drive one of the Meals on Wheels routes to deliver nourishing, hot meals to shut-ins. Below is our upcoming driver schedule for Meals On Wheels deliveries.

5/06 - Cecilia    5/13-The Bakers    5/20-Yoli    5/27-Cecilia & Fran

**Link to Kiwanis Magazine**  
<https://kiwanismagazine.org/>

## OBJECTS OF KIWANIS

TO GIVE primacy to the human and spiritual, rather than material values of life.

TO ENCOURAGE the daily living of the Golden Rule in all human relationships.

TO PROMOTE the adoption and the application of social, business and professional standards.

TO DEVELOP by precept and example a more intelligent, aggressive and serviceable citizenship.

TO PROVIDE through Kiwanis Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities.

TO COOPERATE in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

## President's Message

Letter to my Kiwanis Peers

Thanks for allowing me to be part of the Kiwanis Club of Greater Sacramento.

And Thanks for nominating me as the President Elect.

As a member of our Club I have attended many meetings and have seen changes made to improve our Club. In my opinion we do Great work and many members go well above and beyond to make our Club the Success that it is.

I will Try my best at maintaining our Club in high Standards, but need for all of our members to be committed and involved and feel needed and Appreciated for the hard and unselfish work that we do.

As you know our Board as well as our Club Committees and Leadership Advisors positions are in need of volunteers to fill those areas of our club.

Please help us fill those vacancies and get more involved with decisions and service projects that benefit the students and children in our Community. I'm looking forward to be of assistance and service to our club and again thanks for your commitment and dedication to Kiwanis Club of Greater Sacramento.

Sincerely,

Armando Flores  
President Elect



Find us on  
**Facebook**

GSacKiwaniis  
on  
 **Instagram**

**Kiwanis**  
Division 7  
California-Nevada-Hawaii

## Non-Recurring Events

**June 13th** Club Talent Auction - Evening Meeting at Mimi's

**June 20** Division Council Meeting -

**Aug 3** Club Wine Social - Further details coming soon.

**Aug 15-18** Cal-Nev-Ha District Convention in Las Vegas

### Link to Club Calendar

<http://greatersackiwanis.com/calendar.htm>

## Recurring Events

### Every Thursday

- ◆ Club Meeting
  - ◆ Morning Meetings held on the 1st, 3rd, 4th and 5th Thursday of each month from 7:30 - 8:30 am at Mimi's Café (Alta Arden)
  - ◆ Evening Meetings held on the 2nd Thursday of each month from 6:30 - 7:30 pm at Mimi's Café (Alta Arden)
- ◆ Meals On Wheels (See Cecilia)

### First Thursday of Every Month

- Club & Foundation Board Meeting. Starts at 6:30pm at the Mercedes Benz Building, 1810 Howe Ave, Sacramento, 3rd Floor Conference Room

### Third Thursday of Every Month

- Division Council Meeting (DCM) Kiwanis Family House @ 6:30 Service and Social, 7:00 Meeting

### Fourth Thursday of Every Month

- ◆ Evening Club Meeting/Social 6:30 - 7:30 pm - Location varies

### Last Sunday of Every Month

- ◆ CAFFE - 8:00 - 10:00 am Cesar Chavez Park (See Armando for details)

## Inter Club Schedule

(If no meetings are listed here check with Bob Isaacs for the latest schedule and details)

Woodland - Post-phoned

## June Birthdays

September must be a slow month for love making... We have No Members with a birthday in June

## Dead-Lines

**Club Dues - The last day of September**

Around our Division

**Kiwanis Club of Davis**

Thursdays 12:10 pm  
Symposium Restaurant, 1620 East  
8th Street, Davis

**Kiwanis Club of  
East Sacramento**

2nd Wed. each month, 6 pm  
(location varies)  
4th Wed. each month, 6 pm  
Kiwanis Family House

**Kiwanis Club of Galt**

2nd Saturday 8:00 am  
Comfort Inn and Suites  
Hwy 99 and Twin Cities Roads,  
Galt

**Kiwanis Club of Laguna-Elk  
Grove**

4th Tuesday 7:00 pm  
Mimi's Café, 9195 W. Stockton  
Blvd., Elk Grove

**Kiwanis Club of  
Sacramento West**

Tuesdays 12:00 pm  
Denny's Restaurant  
1235 Harbor Blvd,  
West Sacramento

**Kiwanis Club of Woodland**

Mondays 12:00 pm  
Hotel Woodland  
436 Main Street, Woodland

**Kiwanis Club of Dixon**

4th Monday 6:00 pm  
Bud's Pub & Grill  
"A" Street and Hwy 113, Dixon

**Kiwanis Family House**

2875 50th Street  
Sacramento, CA 95817  
(916) 736-0116  
<http://kiwanisfamilyhouse.org/>

**Kiwanis Club of Greater Sacramento**  
**2018 – 2019**

**Our Club Officers**

President . . . . . **Cecilia Osladil**  
President Elect. . . . . **Armando Flores**  
Vice President. . . . . **Vacant**  
Secretary . . . . . **David Canady**  
Treasurer . . . . . **Jo Gregory**  
Immediate Past President. . . . . **Cecilia Osladil**

**Our Board of Directors**

<b>Lee Folino</b>	<b>Delfina Monreal</b>
<b>Bob Isaacs</b>	<b>Ginny Ritz</b>
<b>Bob Canady</b>	<b>John Draper</b>
<b>Dave Wilson</b>	

**Our Club Committees (Chairs)**

**Membership (Rod Nishikawa)**  
**Evening Club Meetings (Lee Folino)**  
**Service (Yoli Manzo)**  
**Social (Lorie Deering)**  
**Crab Feed (Mark Standley)**  
**Sponsored Leadership Programs (Marty Maxwell)**

**Our Youth Leadership Advisors**

**Franklin High School Key Club - Mark Shimada**  
**Inderkum High School Key Club - Vacant**  
**McClatchy High School Key Club - Rod Nishikawa**  
**Rio Linda High School Key Club - Vacant**  
**Luther Burbank High School Key Club - Vacant / Inactive**  
**Babcock Elementary School K-Kids - John Draper**

## Needed Items Being Collected

This page lists items being collected by the Greater Sacramento Kiwanis Club for various needs of those we support. If providing any items, please make arrangements with the contact person listed as to when and where to deliver them... Do not simply drop items off at club meetings.

### **Kiwanis Family House:**

<http://kiwanisfamilyhouse.org/>

- **Clothing** (New & slightly used, all sizes)
- **Canned & Dry Food** (Not exceeded Use-By-Date)
- **Toiletries** (Unused, Still Sealed)
- **Paper Towels & Toilet Tissue**

### **Babcock School Backpack Project** (Contact Lee Folino):

- **8 boy backpacks**--2 3rd grade, 2 4th grade, 2 5th grade, 2 sixth grade.
- **18 scissors**
- **23 water color paint sets**
- **22 pencil sharpeners**
- **18 packs of pencils**
- **19 sets of 8 or 16 boxes of crayons**
- **26 glue**
- **9 packs of binder paper**
- **14 boy stocking caps**

### **Bridging Evidence & Resources (BEAR)** (Contact Lee Folino):

<https://www.sutterhealth.org/services/pediatric/child-abuse-neglect-bear-smcs>

- **Blankets** (small)
- **Clothing** (New yoga or sweatpants and comfortable tops or sweatshirts)

### **Clothing And Food For Everyone (CAFPE)** (Contact Armando):

<https://www.facebook.com/CaffeSac/>

- **Clothing** (New & Slightly Used)

### **Women's Empowerment Group** (Contact Mary Moore):

<http://www.womens-empowerment.org/>

- **Clothing** (Women's new & slightly used, Business attire)

# This Week's Recipe

## Greek Rice Salad

Serves 8

### Salad:

1 cup uncooked rice, cook according to package directions  
1/4 red onion, finely chopped  
1/4 cup fresh parsley, finely chopped  
1/4 cup sliced black olives  
1/2 cup red pepper, finely chopped  
3/4 cup English cucumber, chopped  
3/4 artichoke hearts, drained and chopped  
3/4 cup feta cheese, crumbled

### Dressing:

1/4 cup olive oil  
1 Tbs fresh lemon juice  
1 Tbs red wine vinegar  
1 Tbs sugar  
1/4 tsp salt  
1/4 tsp pepper

Cook rice. Cool rice in a large bowl.  
Add all the salad ingredients to bowl.  
Whisk together all dressing ingredients, pour over salad.  
Toss to combine.  
Can be served immediately, or cover and chill until ready to serve.

This recipe was submitted by Cecilia, from the Survivors Luncheon.

If you have a recipe you would like to submit for the TWIK please send an electronic copy to John Draper.