



# This Week in Kiwanis (TWIK)

APRIL 18, 2019

## This Week's Meeting

Apr 18  
Morning Meeting  
Bob Canady  
Law Enforcement  
Sergeant Dan Nutley and  
Officer John Hosmer of  
Sacramento Police Dept.

## Upcoming Meetings

Apr 25  
Morning Meeting  
George Blaufuss  
Christina Janes  
Guardian Angels

May 2  
Morning Meeting  
Big Day of Giving

May 9  
Evening Meeting  
Cecilia  
Special Guest Day

May 16  
Morning Meeting  
Bob Canady  
Law Enforcement

Please provide your items to be included in the TWIK to John Draper before 6:00PM the Tuesday before the meeting.

## This Week's Announcements

**APRIL DIVISION 7 DCM** - This Thursday at KFH.

Dinner will begin at 6pm. A BBQ Tri Tip Dinner (\$10) is been offered. Service Project starts at 6:30 and will be sponsored by the Gal Club. Please e-mail me by Wed morning if you plan to attend and you plan to eat. Dave Canady - [davec@addlins.com](mailto:davec@addlins.com)

**SPECIAL GUEST DAY** - May 9th, at our evening meeting.

**UPDATE—CREELMAN-FRANCISCO CLASSIC GOLF TOURNAMENT** - on April 25th. **Anyone in the club that does not want to play golf, but come out for dinner only, the price is \$22 and needs to be turned by April 18.** For those playing golf, dinner is included in the price for playing golf. There is no golf only price that does not include dinner. If you want to walk, you can save \$13. Golf with cart & dinner is \$85... Golf without a cart & dinner is \$72. Folks that do not want to stay for dinner can get a dinner to go before you leave or donate that money to the Kiwanis Family House. Any further questions, please call Chris Creelman at: 916-709-1839. See the News & Events link on the Kiwanis Family House web-site for complete details and entry form. <http://kiwanisfamilyhouse.org/category/events/>

**CLUB ELECTIONS** - Elections to be held between January 1 - May 15 (or a designated meeting). Stay tuned for a election date announcement. Election Committee: Delfina Monreal, Jo Gregory, Marty Maxwell, Bob Canady

**MEALS ON WHEELS** - Each Thursday members of our club drive one of the Meals on Wheels routes to deliver nourishing, hot meals to shut-ins. Below is our upcoming driver schedule for Meals On Wheels deliveries.

4/04-Cecilia and Fran    4/11-The Bakers    4/18-Yoli    4/25-The Bakers

**Link to Kiwanis Magazine**

<https://kiwanismagazine.org/>

## OBJECTS OF KIWANIS

TO GIVE primacy to the human and spiritual, rather than material values of life.

TO ENCOURAGE the daily living of the Golden Rule in all human relationships.

TO PROMOTE the adoption and the application of social, business and professional standards.

TO DEVELOP by precept and example a more intelligent, aggressive and serviceable citizenship.

TO PROVIDE through Kiwanis Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities.

TO COOPERATE in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

## President's Message

Happy Days to you all,

I am going to be a traveling machine the next two weeks. I get to see my kids in Portland, then I get to see my Mom's side of the Family in Detroit!  
A Giant Thank you to Armando for stepping into my shoes!

Last Thursday night we had our first Evening Only Meeting . Same everything, different time. We have another Great Waitress in Victoria and we spoke about the upcoming club elections and service hours.  
Thanks for coming out and having dinner with us!

Next month, at our evening meeting, we will be having a membership guest night, please make your list of potential new members and invite them all.

Please let Armando know if you are going to the DCM AND if you would like to purchase a dinner. He will let Lorie know.

Achilles was looking into the next social to be at the Blue House Korean BBQ.  
Been there, tasty stuff!

Please mark your calendar, Board Meeting, May 2nd @ 6:30 pm Armando's work building, yes, same day as our Big Day of Giving meeting, at Broadway Coffee starting at 7:30am. Broadway Coffee will be matching donations for part of the day!

There will be no President's Message next week.

See you soon,

Cecilia Osladil, President  
Kiwanis Club of Greater Sacramento

"Wherever there is a human being, there is an opportunity for kindness."  
Seneca



## Non-Recurring Events

**April 18** DCM hosted by the Galt club (Topic: Service Project Safari)

**April 25th** Creelman Golf Tournament

**April 27th** Governor's Visit

**May 2nd** **Big Day of Giving**

**May 4th** Carnitas and Margaritas Feed hosted by Laguna Elk Grove Kiwanis

**May 16th** DCM hosted by East Sacramento club (Topic: **M&M's Membership Matters**)

**May 26th** Club Social / Mixer Sunday, May 26, starting at 4:00pm at Folino's Place

### **Link to Club Calendar**

<http://greatersackiwanis.com/calendar.htm>

## Recurring Events

### **Every Thursday**

- ◆ Club Meeting
  - ◆ Morning Meetings held on the 1st, 3rd, 4th and 5th Thursday of each month from 7:30 - 8:30 am at Mimi's Café (Alta Arden)
  - ◆ Evening Meetings held on the 2nd Thursday of each month from 6:30 - 7:30 pm at Mimi's Café (Alta Arden)
- ◆ Meals On Wheels (See Cecilia)

### **First Thursday of Every Month**

- Club & Foundation Board Meeting. Starts at 6:30pm at the Mercedes Benz Building, 1810 Howe Ave, Sacramento, 3rd Floor Conference Room

### **Third Thursday of Every Month**

- Division Council Meeting (DCM) Kiwanis Family House @ 6:30 Service and Social, 7:00 Meeting

### **Fourth Thursday of Every Month**

- ◆ Evening Club Meeting/Social 6:30 - 7:30 pm - Location varies

### **Last Sunday of Every Month**

- ◆ CAFFE - 8:00 - 10:00 am Cesar Chavez Park (See Armando for details)

## Inter Club Schedule

(If no meetings are listed here check with Bob Isaacs for the latest schedule and details)

Woodland - Post-phoned

## April Birthdays

A Isaacs - 12

A Ortega - 23

## Dead-Lines

**Club Dues - The last day of September**

Around our Division

**Kiwanis Club of Davis**

Thursdays 12:10 pm  
Symposium Restaurant, 1620 East  
8th Street, Davis

**Kiwanis Club of  
East Sacramento**

2nd Wed. each month, 6 pm  
(location varies)  
4th Wed. each month, 6 pm  
Kiwanis Family House

**Kiwanis Club of Galt**

2nd Saturday 8:00 am  
Comfort Inn and Suites  
Hwy 99 and Twin Cities Roads,  
Galt

**Kiwanis Club of Laguna-Elk  
Grove**

4th Tuesday 7:00 pm  
Mimi's Café, 9195 W. Stockton  
Blvd., Elk Grove

**Kiwanis Club of  
Sacramento West**

Tuesdays 12:00 pm  
Denny's Restaurant  
1235 Harbor Blvd,  
West Sacramento

**Kiwanis Club of Woodland**

Mondays 12:00 pm  
Hotel Woodland  
436 Main Street, Woodland

**Kiwanis Club of Dixon**

4th Monday 6:00 pm  
Bud's Pub & Grill  
"A" Street and Hwy 113, Dixon

**Kiwanis Family House**

2875 50th Street  
Sacramento, CA 95817  
(916) 736-0116  
<http://kiwanisfamilyhouse.org/>

**Kiwanis Club of Greater Sacramento**  
**2018 – 2019**

**Our Club Officers**

President . . . . . **Cecilia Osladil**  
President Elect. . . . . **Armando Flores**  
Vice President. . . . . **Vacant**  
Secretary . . . . . **David Canady**  
Treasurer . . . . . **Jo Gregory**  
Immediate Past President. . . . . **Cecilia Osladil**

**Our Board of Directors**

<b>Lee Folino</b>	<b>Delfina Monreal</b>
<b>Bob Isaacs</b>	<b>Ginny Ritz</b>
<b>Bob Canady</b>	<b>John Draper</b>
<b>Dave Wilson</b>	

**Our Club Committees (Chairs)**

**Membership (Rod Nishikawa)**  
**Evening Club Meetings (Lee Folino)**  
**Service (Yoli Manzo)**  
**Social (Lorie Deering)**  
**Crab Feed (Mark Standley)**  
**Sponsored Leadership Programs (Marty Maxwell)**

**Our Youth Leadership Advisors**

**Franklin High School Key Club - Mark Shimada**  
**Inderkum High School Key Club - Vacant**  
**McClatchy High School Key Club - Rod Nishikawa**  
**Rio Linda High School Key Club - Vacant**  
**Luther Burbank High School Key Club - Vacant / Inactive**  
**Babcock Elementary School K-Kids - John Draper**

## Needed Items Being Collected

This page lists items being collected by the Greater Sacramento Kiwanis Club for various needs of those we support. If providing any items, please make arrangements with the contact person listed as to when and where to deliver them... Do not simply drop items off at club meetings.

### **Kiwanis Family House:**

<http://kiwanisfamilyhouse.org/>

- **Clothing** (New & slightly used, all sizes)
- **Canned & Dry Food** (Not exceeded Use-By-Date)
- **Toiletries** (Unused, Still Sealed)
- **Paper Towels & Toilet Tissue**

### **Bridging Evidence & Resources (BEAR)** (Contact Lee Folino):

<https://www.sutterhealth.org/services/pediatric/child-abuse-neglect-bear-smcs>

- **Blankets** (small)
- **Clothing** (New yoga or sweatpants and comfortable tops or sweatshirts)

### **Clothing And Food For Everyone (CAFPE)** (Contact Armando):

<https://www.facebook.com/CaffeSac/>

- **Clothing** (New & Slightly Used)

### **Women's Empowerment Group** (Contact Mary Moore):

<http://www.womens-empowerment.org/>

- **Clothing** (Women's new & slightly used, Business attire)
- **Book Bags** (Mary has the pattern if anyone is interested in making them)

## This Week's Recipe

### Cannelloni Bean Spread

15 oz can Cannelloni beans, drained and rinsed  
1 Tsp extra virgin olive oil  
1 tsp garlic, minced  
1 tsp lemon juice  
1/4 tsp sea salt  
sprigs rosemary or basil  
shavings Parmesan. cheese

Coarsely mash first 5 ingredients together.

Spoon 1 rounded tsp onto crackers or toasted baguettes.

Garnish with rosemary or basil and/or a small shaving of Parmesan cheese.

This recipe was submitted by Cecilia

If you have a recipe you would like to submit for the TWIK please send an electronic copy to John Draper.