



This Week in Kiwanis (TWIK)

JANUARY 3, 2019

This Week's

Morning
Jan 3 TBD

Upcoming Meetings

Jan 10 (Morning) - Rod
Special Guest Day

Jan 10 (Evening) - Rod
Special Guest Day and Lt.
Governor Lorie Deering
will share an update about
our district.

Jan 17 - Bob Canady
Law Enforcement
Recognition
Don Morlan
Sacramento City Police on

Please provide your items
to be included in the
TWIK to John Draper
before 6:00PM the Tues-
day before the meeting.

This Week's Announcements

SPECIAL GUEST DAY- The morning and evening meetings on January 10th. Please invite, family, friends, co-workers, neighbors to our meeting on the 10th.

CRAB FEED TICKETS - Tickets for this years Crab Feed are now available. The deadline to receive a \$5 discount for early ticket purchase is Jan 16. Tickets may be purchased at the morning meetings, through a club member or on-line by using the link below.

<https://www.brownpapertickets.com/event/4008153>

CLUB BOARD MEETING UPDATE - This month's Board Meeting will begin at 6:30 instead of 6:00.

CRAB FEED COMMITTEE MEETING - Jan 16, 6:00-8:00 @ KFH

UPDATE- KIWANIS FAMILY HOUSE ROOM REFRESH PROJECT-

The room at KFH will be taken out of service beginning the evening of Friday, Feb 8 until evening of Sunday Feb 10 (the weekend before our club's crab feed) for our club to refresh with paint, new bedding and artwork. (John Draper is your contact for this project).

SAVE THE DATE - KIWANIS 2019 Mid-Year Conferences! North March 2nd in Santa Rosa.

Early registration deadline Jan 25.. Hotel Reservation deadline Feb 6
Link to event web page <https://cnh.portalbuzz.com/Page/28197>
(David Canady is your club contact for this event).

MEALS ON WHEELS - Each Thursday members of our club drive one of the Meals on Wheels routes to deliver nourishing, hot meals to shut-ins. Below is our upcoming driver schedule for Meals On Wheels deliveries.

1/3-Jo 1/10-The Bakers 1/17-Yoli 1/24 & 31 - Cecilia & Fran

Link to Kiwanis Magazine

<https://www.kiwanis.org/docs/default-source/kiwanis-magazine/ki-0119.pdf>

OBJECTS OF KIWANIS

TO GIVE primacy to the human and spiritual, rather than material values of life.

TO ENCOURAGE the daily living of the Golden Rule in all human relationships.

TO PROMOTE the adoption and the application of social, business and professional standards.

TO DEVELOP by precept and example a more intelligent, aggressive and serviceable citizenship.

TO PROVIDE through Kiwanis Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities.

TO COOPERATE in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

President's Message

Hello Darling Friends,

I hope your NYE was as nice as mine. I got to play pretend Grandma to a 3 year old,
Boy, did I sleep well!

Thank you, John, for attaching the club calendar to the TWIK. Updating it is next on the list.

Tickets for the Crab Feed are available. I'm picking up my 10 at the meeting!
Please remember your wine donation. Thank you.

Board meeting Thursday night. Mercedes Benz building, new time @ 6:30 pm.
All are welcome.

I would love to see a bunch of your friends, family and acquaintances at our 2nd week
of the month meeting!

See you Thursday morning,

Cecilia Osladil, President
Kiwanis Club of Greater Sacramento

ELIMINATE
maternal/neonatal tetanus
 **Kiwanis** |  unicef



GSacKiwanis
on
 Instagram

Non-Recurring Events

Wednesday evening, Jan 16, 6:00-8:00

Crab Feed Committee Meeting @ KFH

Fri evening Feb 8 to Sun evening Feb 10

Room Refresh at Kiwanis Family House

Saturday, Feb 16, 2019 (3rd Sat in Feb)

Crab Feed

Saturday, March 2, 2019

Kiwanis Mid-Year Conference
at the Flamingo Conference Resort and
Spa in Santa Rosa, CA

Recurring Events

Every Thursday

* Morning Club Meeting

7:30 - 8:30 am Mimi's Café (Alta Arden)

* Meals On Wheels (See Cecilia)

First Thursday of Every Month

• Club & Foundation Board Meeting
Starts at 6:00pm at the Mercedes
Benz Building, 1810 Howe Ave, Sacra-
mento, 3rd Floor Conference Room

Second Thursday of Every Month

* Evening Club Meeting

6:30 - 7:30 pm Mimi's Café (Alta Arden)

Third Thursday of Every Month

* Division Council Meeting (DCM)

Kiwanis Family House

6:30 Service and Social, 7:00 Meeting

Fourth Thursday of Every Month

* Evening Club Meeting/Social

6:30 - 7:30 pm - Location varies

Last Sunday of Every Month

* CAFFE - 8:00 - 10:00 am

Cesar Chavez Park

(See Armando for details)

Inter Club Schedule

(If no meetings are listed here check with Bob Isaacs for the latest schedule)

January Birthdays

G Blaufuss - 08

Y Manzo - 17

B Isaacs - 20

Kiwanis (104) - 21

Dead-Lines

Discount on Crab-Feed Tix - Jan 16

2019 Mid-Year Conf Registration - Jan 25

2019 Mid-Year Conf Hotel Res - Feb 6

Club Dues - The last day of September

Around our Division

Kiwanis Club of Davis

Thursdays 12:10 pm
Symposium Restaurant, 1620 East
8th Street, Davis

**Kiwanis Club of
East Sacramento**

2nd Wed. each month, 6 pm
(location varies)
4th Wed. each month, 6 pm
Kiwanis Family House

Kiwanis Club of Galt

2nd Saturday 8:00 am
Comfort Inn and Suites
Hwy 99 and Twin Cities Roads,
Galt

**Kiwanis Club of Laguna-Elk
Grove**

4th Tuesday 7:00 pm
Mimi's Café, 9195 W. Stockton
Blvd., Elk Grove

**Kiwanis Club of
Sacramento West**

Tuesdays 12:00 pm
Denny's Restaurant
1235 Harbor Blvd,
West Sacramento

Kiwanis Club of Woodland

Mondays 12:00 pm
Hotel Woodland
436 Main Street, Woodland

Kiwanis Club of Dixon

4th Monday 6:00 pm
Bud's Pub & Grill
"A" Street and Hwy 113, Dixon

Kiwanis Family House

2875 50th Street
Sacramento, CA 95817
(916) 736-0116
<http://kiwanisfamilyhouse.org/>

Kiwanis Club of Greater Sacramento
2018 – 2019

Our Club Officers

President **Cecilia Osladil**
President Elect. **Armando Flores**
Vice President. **Vacant**
Secretary **David Canady**
Treasurer **Jo Gregory**
Immediate Past President. **Cecilia Osladil**

Our Board of Directors

Lee Folino	Delfina Monreal
Bob Isaacs	Ginny Ritz
Bob Canady	John Draper
Dave Wilson	

Our Club Committees (Chairs)

Membership (Rod Nishikawa)
Evening Club Meetings (Lee Folino)
Service (Yoli Manzo)
Social (Lorie Deering)
Crab Feed (Mark Standley)
Sponsored Leadership Programs (Marty Maxwell)

Our Youth Leadership Advisors

Franklin High School Key Club - Mark Shimada
Inderkum High School Key Club - Vacant
McClatchy High School Key Club - Rod Nishikawa
Rio Linda High School Key Club - Vacant
Luther Burbank High School Key Club - Vacant / Inactive
Babcock Elementary School K-Kids - John Draper

Needed Items Being Collected

This page lists items being collected by the Greater Sacramento Kiwanis Club for various needs of those we support. If providing any items, please make arrangements with the contact person listed as to when and where to deliver them... Do not simply drop items off at club meetings.

Kiwanis Family House:

<http://kiwanisfamilyhouse.org/>

- **Clothing** (New & slightly used, all sizes)
- **Canned & Dry Food** (Not exceeded Use-By-Date)
- **Toiletries** (Unused, Still Sealed)
- **Paper Towels & Toilet Tissue**

Bridging Evidence & Resources (BEAR) (Contact Lee Folino):

<https://www.sutterhealth.org/services/pediatric/child-abuse-neglect-bear-smcs>

- **Blankets** (small)
- **Clothing** (New yoga or sweatpants and comfortable tops or sweatshirts)

Clothing And Food For Everyone (CAFPE) (Contact Armando):

<https://www.facebook.com/CaffeSac/>

- **Clothing** (New & Slightly Used)

Women's Empowerment Group (Contact Mary Moore):

<http://www.womens-empowerment.org/>

- **Clothing** (Women's new & slightly used, Business attire)
- **Book Bags** (Mary has the pattern if anyone is interested in making them)

This Week's Recipe

Crispy Chicken Thighs, Lagostina style

2 Tbsp	olive oil
	Kosher salt and pepper to taste
6	cloves of garlic
1 jar	artichoke hearts, drained
3/4-1 cup	chicken stock
3/4-1 cup	orange juice
1	lemon, sliced
1	blood orange or Meyer lemon sliced
1/4 cup	capers in vinegar, rinsed
1/2 cup	Moroccan oil-cured olives, pitted
a few sprigs	of fresh thyme

Preheat oven to 350'. In an oven proof pan, heat oil and sear chicken on each side until skin is golden and crispy. Remove, and set aside.

Saute garlic and artichokes for a few minutes, then add chicken, skin side up. Pour in stock and orange juice to cover 3/4 of the meat. Scatter the capers and thyme, and nestle the citrus slices on top.

Bring to a boil, then place in the oven, uncovered, for 30 minutes or until chicken is cooked through. Serve with your favorite vegetable, risotto or salad.

For more recipes visit lagostinausa.com

This Week's Recipe Submitted by Cecilia

If you have a recipe you would like to submit for the TWIK please send an electronic copy to John Draper.