



This Week in Kiwanis (TWIK)

OCTOBER 11, 2018

This Week's Morning Meeting

Oct 11 -
Bob Canady –
Central Valley
Vintage Baseball
Learn about baseball as
played in the 1800's

Evening Meeting

Oct 11
Bring your ideas for a
discussion on the future
direction of the evening
meeting.

Upcoming Meetings (Morning)

Oct 18, Special Election &
Law Enforcement Recognition

Oct 25 - Dave Canady -
Membership

Please provide your items
to be included in the
TWIK to John Draper
before 6:00PM the Tues-
day before the meeting.

This Week's Announcements

SPECIAL ELECTION - At the Morning Meeting on October 18th there will be a Special Election for a vacant Board position and Vice President. If you would like to serve our club in either capacity, please contact Cecilia or Armando.

DCM UPDATE - As per our President's and Team Social, we have changed the time of our DCM's to 7pm. Dinner will not be provided but rather dessert. The time between 6:30 -7:00 p.m. will be dedicated to a short service project and social time. See flyer attached to same email containing this TWIK.

OCTOBER CLUB SOCIAL - Thursday Evening, Oct 25th., "On The Border Gives Back" is a fundraiser sponsored by On The Border Restaurant. Print and show the attached flyer to the On the Border restaurant at 3521 Truxel Rd. on Thursday Oct 25th and 20% of your bill (Food and alcohol) will be donated from the restaurant to our club's foundation.

OCTOBER CLUB SOCIAL - Saturday, Oct 27th., starting at 4:00pm at Davin's Place. Pot Luck; bring a "Fall-ish" Food. Sign up sheet will start at this week's meeting..

EMPTY PRESCRIPTION MEDICINE BOTTLES - Marty is collecting empty prescription bottles to be used to distribute medicine in third world countries.

SHOE DRIVE UPDATE - At least 15 volunteers for the actual shoe distribution (on November 1st, from 9:00 am to 11:00 am at Babcock School) . If you are interested and available, please contact Yoli, so she can forward a list to Susana, the Chicas Latina shoe drive coordinator.

**SAVE THE DATE - November 10, 2018 - 8AM to 11:30AM
Regional Training Conference.**

Bayside Church, 501 B Street, Galt, CA 95632

\$8.00 per member, make checks payable to Tony Montalbo, memo line RTC,
See flyer attached to TWIK email sent on 9/25

MEALS ON WHEELS - Each Thursday members of our club drive one of the Meals on Wheels routes to deliver nourishing, hot meals to shut-ins. Below is our upcoming driver schedule for Meals On Wheels deliveries.

10/4-Jo

10/11-The Bakers

10/18 Yoli

10/25 - Cecilia & Fran

OBJECTS OF KIWANIS

TO GIVE primacy to the human and spiritual, rather than material values of life.

TO ENCOURAGE the daily living of the Golden Rule in all human relationships.

TO PROMOTE the adoption and the application of social, business and professional standards.

TO DEVELOP by precept and example a more intelligent, aggressive and serviceable citizenship.

TO PROVIDE through Kiwanis Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities.

TO COOPERATE in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

President's Message

Greetings to All You Good Citizens of the Kiwanis Club of Greater Sacramento!

KI's President, in the newsletter recounted his Kiwanis Moment, so inspired,

I shared mine at our last meeting .

I had asked myself, why do I want to give my time and money to people I don't know and may never meet? Then I thought of the pure joy and enthusiasm in Ann Isaacs's voice at the last Women's Empowerment Luncheon, when she said, " That was FUN, when can we do this again!" Ann's joy moved me, and I realized what an honor it is to serve with people who truly enjoy helping our brothers and sisters as much as I do.

Dear members, would you please recount your Kiwanis Moment at an upcoming meeting? Thanks.

Our first Board Meeting of 2018/19 went very well. The two big issues were, to vote on the new budget (which we did) and vote on the question of granting the request from East Sacramento.

East Sacramento has ask us to allow them to sponsor Kennedy's Key Club. After much discussion the vote was unanimous to transfer the sponsorship

The Special Election is on October 18th. We have one candidate for the Board position and no-one for VP. Please contact Armando or Cecilia if you would like your name on the ballot!

Lorie has asked for a head count for the DCM, please let me know by Tuesday, if you are coming.

Please note new times, Dessert & Service Project 6:30, Meeting 7:00 at the KFH, Oct 18th.

Lastly, I would like to say THANK YOU to Jo, Steve, Dave C., Yoli and Marty for their time and efforts to bring a fair and balanced budget to the Board.

Queen of the Commas signing off,
Cecilia Osladil, President
Kiwanis Club of Greater Sacramento

ELIMINATE
maternal/neonatal tetanus
 **Kiwanis** |  unicef



GSacKiwanis
on
 Instagram

Non-Recurring Events

Thursday, Oct 25, 2018

**Club Social,/Fund Raiser, On The Border,
in Natomas, from 6:30pm to
8:30pm. Address: 3521 Truxel Road, Sac-
ramento CA, 95834**

October 27th

**"It's Fall Y'all" Pot Luck starting at
4:00pm at Davin's Place**

Sunday, Oct 28, 2018,

**Beaujolais Plus - Wine Tasting and Silent
Art Auction. 4:00 to 7:00 p.m. at Carmi-
chael Presbyterian Church, 5645 Marco-
ni Ave., Carmichael**

Saturday, Nov 10, 2018

**Regional Training Conference
Bayside Church, 501 B Street, Galt, CA
95632. 8AM to 11:30AM**

Saturday, November 17th

Club Holiday Party Details TBD

Saturday, Feb 16, 2019 (3rd Sat in Feb)

Crab Feed

Recurring Events

Every Thursday

*** Morning Club Meeting**

7:30 - 8:30 am

Mimi's Café (Alta Arden)

*** Meals On Wheels (See Cecilia)**

First Thursday of Every Month

*** Club & Foundation Board Meeting**

Second Thursday of Every Month

*** Evening Club Meeting**

6:30 - 7:30 pm

Mimi's Café (Alta Arden)

Third Thursday of Every Month

*** Division Council Meeting (DCM)**

Dinner 6:00 pm—Meeting 6:30 pm

Kiwanis Family House

Fourth Thursday of Every Month

*** Evening Club Meeting/Social**

6:30 - 7:30 pm - Location varies

Last Sunday of Every Month

*** CAFFE - 8:00 - 10:00 am**

Cesar Chavez Park

(See Armando for details)

Inter Club Schedule

**No further Inter-Club meetings are
scheduled for the remainder of 2018**

October Birthdays

B Davin - 04

S Wilson - 16

Dead-Lines

Club Dues - The last day of September

Around our Division

Kiwanis Club of Davis

Thursdays 12:10 pm
Symposium Restaurant, 1620 East
8th Street, Davis

**Kiwanis Club of
East Sacramento**

Fridays 7:00 am
Kiwanis Family House

Kiwanis Club of Elk Grove

2nd and 4th Tuesdays 7:00 am
Mike's Diner, 9139 E Stockton Blvd.
Elk Grove

Kiwanis Club of Galt

2nd Saturday 8:00 am
Comfort Inn and Suites
Hwy 99 and Twin Cities Roads,
Galt

**Kiwanis Club of Laguna-Elk
Grove**

4th Tuesday 7:00 pm
Mimi's Café, 9195 W. Stockton
Blvd., Elk Grove

**Kiwanis Club of
Sacramento West**

Tuesdays 12:00 pm
Denny's Restaurant
1235 Harbor Blvd,
West Sacramento

Kiwanis Club of Woodland

Mondays 12:00 pm
Hotel Woodland
436 Main Street, Woodland

Kiwanis Club of Dixon

4th Monday 6:00 pm
Bud's Pub & Grill
"A" Street and Hwy 113, Dixon

Kiwanis Family House

2875 50th Street
Sacramento, CA 95817
(916) 736-0116
<http://kiwanisfamilyhouse.org/>

Kiwanis Club of Greater Sacramento
2018 – 2019

Our Club Officers

President **Cecilia Osladil**
President Elect. **Armando Flores**
Vice President. **Vacant**
Secretary **David Canady**
Treasurer **Jo Gregory**
Immediate Past President. **Cecilia Osladil**

Our Board of Directors

Lee Folino (1)	Delfina Monreal (1)
Bob Isaacs (2)	Ginny Ritz (2)
Bob Canady (^2)	John Draper (^2)
Vacant (^2)	

Our Club Committees (Chairs)

Membership (Rod Nishikawa)
Evening Club Meetings (Lee Folino)
Service (Yoli Manzo)
Social (Lorie Deering)
Crab Feed (Mark Standley)
Sponsored Leadership Programs (Marty Maxwell)

Our Youth Leadership Advisors

Franklin High School Key Club - Mark Shimada
Inderkum High School Key Club - Vacant
McClatchy High School Key Club - Rod Nishikawa
Rio Linda High School Key Club - Vacant
Luther Burbank High School Key Club - Vacant / Inactive
Kennedy High School Key Club - Vacant
Babcock Elementary School K-Kids - John Draper

This Week's Recipe

Simple Massaged Kale Salad with Lemon Dressing

10 oz raw kale, remove ribs & discard, chop leaves to bite size
1/3 cup extra virgin olive oil
1/4 cup fresh lemon juice
4 cloves garlic, minced
1/2 cup Parmesan, freshly grated
1/4 tsp kosher salt
pepper to taste

In a large mixing bowl put the kale, olive oil, lemon juice, garlic, Parmesan and salt. Using clean hands, massage the salad 3-4 minutes, kale will reduce by half. Taste salad, add pepper. Massage one minute. Taste, adjust seasonings. Refrigerate the left overs in an airtight container for up to 4 days.

This Week's Recipe Submitted by Cecilia

If you have a recipe you would like to submit for the TWIK please send an electronic copy to John Draper.