



This Week in Kiwanis (TWIK)

JULY 26, 2018

This Week's Morning Meeting

July 26th - Our club will honor Richard Hudnall from the Sacramento County Sheriff's Dept.

This Week's Evening Meeting

Social Mixer & Shoe Drive Kickoff. 6:30 PM - 8:30 PM, MiX Downtown, 1525 L Street, Sacramento,

Upcoming Meetings

Morning Meeting
Aug 2nd - Jan Geiger
Crocker Art Museum

Evening Meeting

This Week's Announcements

SOCIAL MIXER & SHOE DRIVE - Thursday, July 26 at 6:30 PM - 8:30 PM, MiX Downtown, 1525 L Street, Sacramento, upstairs (above DeVeers Pub, and you can take elevator or stairs to the 2nd level) aside from street parking, there is a State parking lot on the Southwest corner of 16th and L. Parking is 2 dollars. (entrance is on 17th) The venue will have drink specials and 1/2 off food prices all evening. The venue is an outside rooftop patio, that is gorgeous! See flyer attached to the email containing this week's TWIK for details.

LAGUNA/ELK GROVE FUND RAISER - July 30th - See flyer attached to email containing this week's TWIK for details.

LUNCH FOR TEACHERS - Friday, Aug 17th at Babcock School, Members and friends of our club are invited to serve lunch for the teachers at Babcock School from 11:30 to 1:30. (Contact John Draper for more details and to sign-up).

CLUB CAMPING TRIP - Rancho Seco, Sept 15 - 16, Check-in starts @ 1pm, check-out Monday @ noon. (See President's message).

CLUB INSTALATION - September 16th at Rancho Seco. (See flyer attached to email with this TWIK).

MEALS ON WHEELS - Each Thursday members of our club drive one of the Meals on Wheels routes to deliver nourishing, hot meals to shut-ins.

Below is our upcoming driver schedule for Meals On Wheels deliveries.

7/5-Cecilia and Fran 5/12-Cecilia and Fran 7/19-Yoli 7/26-Jo

OBJECTS OF KIWANIS

TO GIVE primacy to the human and spiritual, rather than material values of life.

TO ENCOURAGE the daily living of the Golden Rule in all human relationships.

TO PROMOTE the adoption and the application of social, business and professional standards.

TO DEVELOP by precept and example a more intelligent, aggressive and serviceable citizenship.

TO PROVIDE through Kiwanis Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities.

TO COOPERATE in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

President's Message

Good Day to all you Summer Loving Kiwanians!

I hope you are enjoying these wonderful mornings as much as I am !

I learned three things about Rear Admiral Pecha:
His last name is Czech (like my last name)
He was a State Champion Accordionist (I still have my accordion)
And he grew up in Illinois (right next to my home state of Michigan)

Small world, hmm?

Speaking of a small world, our visitors this week included Crystal Young, who also grew up in Detroit . I enjoyed speaking with her and would love to talk more!

So how many of you are trying my recipes? Some times I wonder how strange my taste is.

There were 4 of us representing Greater Sacramento at this month's DCM, sooo we did have our many inter-club credits! I'm curious to know what Kraig's thoughts are!

Talent Auction will be September 13th, at both the AM and PM meetings.
The forms will be in a future TWIK.

If you can not make the Shoe Drive Kick-Off, you can give me your donations of shoes
and Raffle prizes at the meeting. Thanks

How about an Elimination Coin Drive on August 2nd? Please bring in your baby bottles and zip-lock bags as full as you can. Prizes will be awarded!

Now I'm off to the beach!

Cecilia Osladil, President
Kiwanis Club of Greater Sacramento

ELIMINATE
maternal/neonatal tetanus
 **Kiwanis** |  unicef

 Find us on
Facebook

GSacKiwanis
on
 **Instagram**

Non-Recurring Events

Thursday, July 26

Social Mixer & Shoe Drive Kiskoff. 6:30 PM - 8:30 PM, MiX Downtown, 1525 L Street, Sacramento,

Saturday, Aug 4

Annual Wine Social... This year we will be touring the Lodi appellation followed by dinner and fun at the home of Lorie & John Deering.

Sunday, Aug 26

**Lori Deering's installation as
Lt. Governor**

Saturday, Sept 15- Sunday 16, 2018

Club Camping Trip, Rancho Seco

Sunday, Sept 16, 2018

Club Installation, Rancho Seco

Saturday, Sept 29, 2018

**Rod Nishikawa Alzheimer's Fundraiser
Walk**

Saturday, Feb 16, 2019 (3rd Sat in Feb)

Crab Feed

Recurring Events

Every Thursday

*** Morning Club Meeting
7:30 - 8:30 am**

Mimi's Café (Alta Arden)

*** Meals On Wheels (See Cecilia)**

First Thursday of Every Month

*** Club & Foundation Board Meeting**

Second Thursday of Every Month

*** Evening Club Meeting
6:30 - 7:30 pm**

Mimi's Café (Alta Arden)

Third Thursday of Every Month

*** Division Council Meeting (DCM)**

Dinner 6:00 pm—Meeting 6:30 pm

Kiwanis Family House

Fourth Thursday of Every Month

*** Evening Club Meeting/Social
6:30 - 7:30 pm - Location varies**

Last Sunday of Every Month

*** CAFFE - 8:00 - 10:00 am
Cesar Chavez Park
(See Armando for details)**

Inter Club Schedule

Jun 26, 2018 - Noon - Sacramento West

Aug 23, 2018 - 6:00 pm Dixon

**Jul 23, 2018 - Noon - Woodland-Hotel
Woodland**

July Birthdays

S Folino - 11

A Erwin - 14

J Perryman - 21

D Canady - 27

K Hoxsie - 27

V Keyser - 30

Dead-Lines

Club Dues - The last day of September

Around our Division

Kiwanis Club of Davis

Thursdays 12:10 pm
Symposium Restaurant, 1620 East
8th Street, Davis

**Kiwanis Club of
East Sacramento**

Fridays 7:00 am
Kiwanis Family House

Kiwanis Club of Elk Grove

2nd and 4th Tuesdays 7:00 am
Mike's Diner, 9139 E Stockton Blvd.
Elk Grove

Kiwanis Club of Galt

2nd Saturday 8:00 am
Comfort Inn and Suites
Hwy 99 and Twin Cities Roads,
Galt

**Kiwanis Club of Laguna-Elk
Grove**

4th Tuesday 7:00 pm
Mimi's Café, 9195 W. Stockton
Blvd., Elk Grove

**Kiwanis Club of
Sacramento West**

Tuesdays 12:00 pm
Denny's Restaurant
1235 Harbor Blvd,
West Sacramento

Kiwanis Club of Woodland

Mondays 12:00 pm
Hotel Woodland
436 Main Street, Woodland

Kiwanis Club of Dixon

4th Monday 6:00 pm
Bud's Pub & Grill
"A" Street and Hwy 113, Dixon

Kiwanis Family House

2875 50th Street
Sacramento, CA 95817
(916) 736-0116
<http://kiwanisfamilyhouse.org/>

Kiwanis Club of Greater Sacramento
2017 – 2018

Our Club Officers

President **Cecilia Osladil**
Vice President **Armando Flores**
Secretary **Ann Isaacs**
Treasurer **Steve Folino**
Immediate Past President **Yoli Manzo**

Our Board of Directors

Dave Wilson
Jo Gregory - Bob Isaacs
David Canady
Ginny Ritz - Delfina Monreal
Mark Standley

Our Club Committees (Chairs)

Membership (David Canady)
Evening Club Meetings (Lee Folino)
Service (Yoli Manzo)
Social (Lorie Deering)
Crab Feed (Mark Standley)
Youth Leadership (Jenna Cooper)

Our Youth Leadership Advisors

Franklin High School Key Club - Mark Shimada
Inderkum High School Key Club - Martin Stevenson
McClatchy High School Key Club - Rod Nishikawa
Rio Linda High School Key Club - Vacant
Luther Burbank High School Key Club - Marty Maxwell
Luther Burbank High School Key Club - John Perryman
Kennedy High School Key Club - Vacant
Babcock Elementary School K-Kids - John Draper

This Week's Recipe

Old Spaghetti Factory Meatballs

1/3 cup finely chopped onions
1 Tsp finely minced garlic
3 Tsp finely minced parsley
1 cup bread crumbs
1 egg
1/2 cup cold water
2 Tsp olive oil
1 1/2 tsp salt
1/4 tsp pepper
1/4 tsp ground nutmeg
2 1/2 lbs lean ground beef
30 oz tomato sauce

Preheat oven to 425'

In a food processor, combine onion, garlic, parsley and bread crumbs, mix for 30 seconds.

In a large bowl add egg, whisk. Whisk in water, olive oil, salt, pepper and nutmeg, Add the bread crumb mixture to the egg. Add meat.

Combine thoroughly until mixture starts to bind tightly.

Using a scoop, pull out enough meatball mixture to make a golf ball sized meatballs. roll in the palm of your hand until it feels tight and solid.

Lightly oil a jelly pan, add meatballs and 1/4 cup of water.

Bake 15 minutes. Remove from oven, using a spatula carefully loosen meatballs.

Bake an additional 10 minutes.

Drain.

Heat tomato sauce in a large skillet. Add meatballs, simmer for 2 minutes.

Serve with pasta or rice and a salad.