



# This Week in Kiwanis (TWIK)

MAY 3, 2018

## This Week's Morning Meeting

Morning Meeting  
May 3rd - Will be held at  
Broadway Coffee

## This Week's Evening Meeting

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## Upcoming Meetings

Morning Meeting  
May 10th  
Hannah  
Global Youth Peace Summit

Evening Meeting  
No Evening Meeting this  
week.

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## This Week's Quiz

Who is on First?

## This Week's Announcements

**THIS WEEK'S MORNING MEETING WILL BE HELD AT BROADWAY COFFEE.**

**MAY BOARD MEETING** - will be May 3rd, at the Conference Room of Armando's building at 1860 Howe Ave .

**THE BIG DAY OF GIVING** - is coming up on May 3rd. Our Morning Meeting will be held at Broadway Coffee, instead of Mimi's, on this day. Broadway Coffee has generously offered to donate a percentage of its sales that morning to KFH

**SOCIAL / INTER-CLUB EVENT** - Thu., May 3rd Between 6:00PM & 9:00PM the Citrus Heights club will host a social event and Special Guest Night at Sammy's Restaurant and Bar inside Stones Casino in Citrus Heights. Stones has generously offered to donate a percentage of its food sales during the event to KFH.

**2018 KEY CLUB NIGHT AT RALEY FIELD** - Saturday, May 12th all Kiwanis advisors from District 7 North, as well as the Kiwanis club members in Division 16. (Family members too!) are invited to attend a fun night with multiple Key Clubs at the River Cats Game. The Key Clubbers will mostly be sitting out on the lawn area but regular seats will also be available

**Here is the link for purchasing tickets**

**<https://groupmatics.events/event/2018key>**

For more details, contact our newest member, Naomi Medina at [naomi.medina@comcast.net](mailto:naomi.medina@comcast.net)

**MEALS ON WHEELS** - Each Thursday members of our club drive one of the Meals on Wheels routes to deliver nourishing, hot meals to shut-ins.

Below is our upcoming driver schedule for Meals On Wheels deliveries.

5/3-Jo    5/10-Cecilia    5/17-Yoli    5/24-Cecilia & Fran    5/31- Bye

## OBJECTS OF KIWANIS

TO GIVE primacy to the human and spiritual, rather than material values of life.

TO ENCOURAGE the daily living of the Golden Rule in all human relationships.

TO PROMOTE the adoption and the application of social, business and professional standards.

TO DEVELOP by precept and example a more intelligent, aggressive and serviceable citizenship.

TO PROVIDE through Kiwanis Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities.

TO COOPERATE in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

## President's Message

Dear Members in Good Standing,

Here are the 2018/2019 Election results:

President Cecilia Osladil

President Elect Armando Flores

Vice President

Treasurer Jo Gregory

1 year Board Member  
Lee Folino and Delfina Monreal

2 Year Board Member  
Bob Canady, Kraig Goodlund, John Draper

I want to thank all of you for your vote of confidence in my abilities to continue my presidency into 2018/2019.

Thank you to all of our new Board Members, and a BIG thank you to all of our past and current Board Members for your service to our club!

Please note, we are still in need of a Vice President for next year.

Voting procedures will be looked at in up coming Board Meetings. Please pass on your ideas and comments.

See you soon,

Cecilia Osladil, President  
Kiwanis Club of Greater Sacramento

## Non-Recurring Events

Thursday, May 3

**Big Day Of Giving**  
**Morning Meeting to be held at Broadway Coffee**  
**Social / Inter-Club Event**  
**6:00PM-9:00PM**

The Citrus Heights club will host a social event and Special Guest Night at Sammy's Restaurant and Bar inside Stones Casino in Citrus Heights.

Saturday, May 12

**Key Club / Kiwanis Club Fun Night**  
**River Cats @ Raley Field**  
For details contact Naomi Medina at [naomi.medina@comcast.net](mailto:naomi.medina@comcast.net)

Sunday, Aug 26

**Lori Deering's installation as Lt. Governor**

## Recurring Events

**Every Thursday**

**\* Morning Club Meeting**  
**7:30 - 8:30 am**

**Mimi's Café (Alta Arden)**

**\* Meals On Wheels (See Cecilia)**

**First Thursday of Every Month**

**\* Club & Foundation Board Meeting**

**Second Thursday of Every Month**

**\* Evening Club Meeting**  
**6:30 - 7:30 pm**

**Mimi's Café (Alta Arden)**

**Third Thursday of Every Month**

**\* Division Council Meeting (DCM)**

**Dinner 6:00 pm—Meeting 6:30 pm**  
**Kiwanis Family House**

**Fourth Thursday of Every Month**

**\* Evening Club Meeting/Social**  
**6:30 - 7:30 pm - Location varies**

**Last Sunday of Every Month**

**\* CAFFE - 8:00 - 10:00 am**  
**Cesar Chavez Park**  
**(See Armando for details)**

## Inter Club Schedule

**May 22, 2018 - 7:00 pm - Laguna-Elk Grove**

**Jun 26, 2018 - Noon - Sacramento West**

**Jul 23, 2018 - Noon - Woodland-Hotel Woodland**

**Aug 23, 2018 - 6:00 pm Dixon**

## May Birthdays

Dave W - 3rd

Mike B - 5th

Alex T - 14th

David A - 24th

## Dead-Lines

**Club Dues - The last day of September**

Around our Division

**Kiwanis Club of Davis**

Thursdays 12:10 pm  
Symposium Restaurant, 1620 East  
8th Street, Davis

**Kiwanis Club of  
East Sacramento**

Fridays 7:00 am  
Kiwanis Family House

**Kiwanis Club of Elk Grove**

2nd and 4th Tuesdays 7:00 am  
Mike's Diner, 9139 E Stockton Blvd.  
Elk Grove

**Kiwanis Club of Galt**

2nd Saturday 8:00 am  
Comfort Inn and Suites  
Hwy 99 and Twin Cities Roads,  
Galt

**Kiwanis Club of Laguna-Elk  
Grove**

4th Tuesday 7:00 pm  
Mimi's Café, 9195 W. Stockton  
Blvd., Elk Grove

**Kiwanis Club of  
Sacramento West**

Tuesdays 12:00 pm  
Denny's Restaurant  
1235 Harbor Blvd,  
West Sacramento

**Kiwanis Club of Woodland**

Mondays 12:00 pm  
Hotel Woodland  
436 Main Street, Woodland

**Kiwanis Club of Dixon**

4th Monday 6:00 pm  
Bud's Pub & Grill  
"A" Street and Hwy 113, Dixon

**Kiwanis Family House**

2875 50th Street  
Sacramento, CA 95817  
(916) 736-0116  
<http://kiwanisfamilyhouse.org/>

**Kiwanis Club of Greater Sacramento**  
**2017 – 2018**

**Our Club Officers**

President . . . . . **Cecilia Osladil**  
Vice President. . . . . **Armando Flores**  
Secretary . . . . . **Ann Isaacs**  
Treasurer . . . . . **Steve Folino**  
Immediate Past President. . . . . **Yoli Manzo**

**Our Board of Directors**

**Dave Wilson**  
**Jo Gregory - Bob Isaacs**  
**David Canady**  
**Ginny Ritz - Delfina Monreal**  
**Mark Standley**

**Our Club Committees (Chairs)**

**Membership (David Canady)**  
**Evening Club Meetings (Vacant)**  
**Service (Yoli Manzo)**  
**Social (Lorie Deering)**  
**Crab Feed (Mark Stanley)**  
**Youth Leadership (Jenna Cooper)**

**Our Youth Leadership Advisors**

**Franklin High School Key Club - Mark Shimada**  
**Inderkum High School Key Club - Martin Stevenson**  
**McClatchy High School Key Club - Rod Nishikawa**  
**Rio Linda High School Key Club - Vacant**  
**Luther Burbank High School Key Club - Marty Maxwell**  
**Luther Burbank High School Key Club - John Perryman**  
**Kennedy High School Key Club - Vacant**  
**Babcock Elementary School K-Kids - John Draper**

## This Week's Recipe

### 2 Ingredient Pizza Dough

1 cup Greek Yogurt  
1 1/2 cup Self Rising Flour, plus more to knead with

*To make your own Self Rising Flour:*

*Combine 1 1/2 cup All Purpose Flour*

*1 1/2 tsp baking powder*

*3/4 tsp salt*

To make Pizza

Corn Meal to sprinkle on sheet pan

olive oil

Sauce

Pizza toppings

Pre-heat oven to 450'

Combine yogurt and flour into a sticky dough.

Scrape dough onto a well floured surface, knead for 8-10 minutes.

Add more flour, a little at a time, if dough too sticky.

Rest dough for 5 minutes.

Using a well floured rolling pin, roll dough into desired shape.

Put dough onto a cornmeal sprinkled sheet pan, brush with olive oil

Bake for 7- 8 minutes.

Remove from oven, top pizza dough with sauce and your favorite pizza items.

Bake 10-12 minutes, or until crust is golden brown and firm.